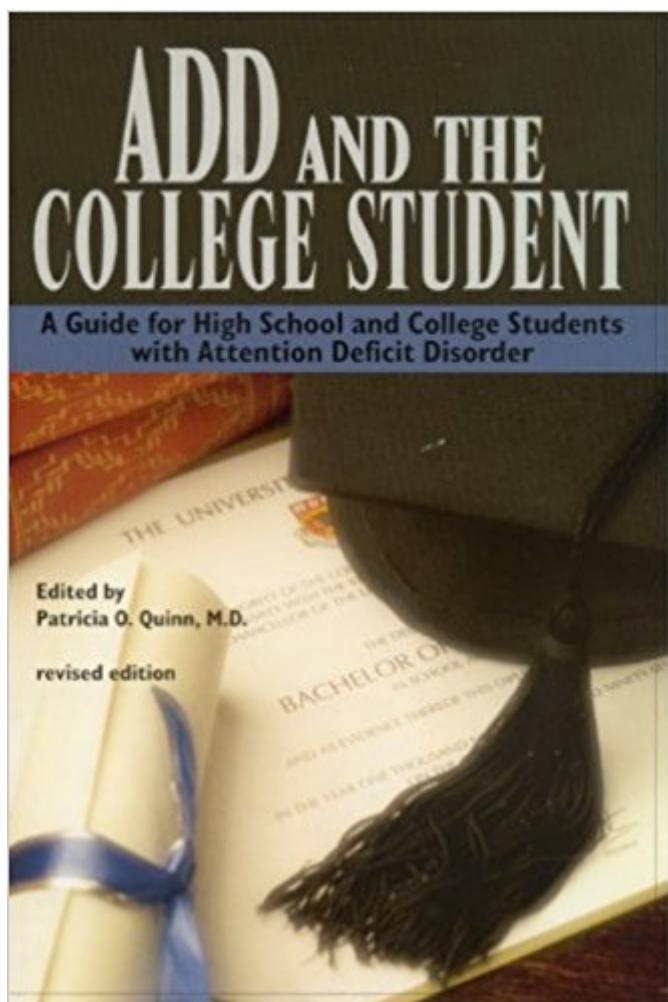


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# ADD And The College Student: A Guide For High School And College Students With Attention Deficit Disorder



## **Synopsis**

Armed with the wisdom of both specialists and those who have "been there" themselves, readers with ADD can approach the prospect of college with confidence. This concise handbook is packed with practical information and advice for the smoothest possible transition to college life. Substantially expanded and revised, with chapters written by physicians, psychologists, and educators with expertise in ADD, this new edition of ADD and the College Student provides a wealth of information, including: Getting in to the college of your choice Locating and making full use of resources on campus Personal commentaries from college students with ADD Securing learning accommodations that highlight your abilities Your legal rights as a student with ADD Working with an ADD coach Life-style habits for your success

## **Book Information**

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## **Customer Reviews**

I learned a lot from this quick read. I am the mother of a 16 year old girl recently diagnosed with ADD. I learned that much of my frustration with my daughter is really frustration with her ADD. Good

info on coping strategies and resources, and an especially nice chapter about ADD as it manifests for girls, as opposed to boys. My daughter also enjoyed reading it and it helped to improve her self esteem, reinforcing that much of the frustration she has faced was the result of her ADD, and there are ways to work with this so she can enjoy more success in her life. This book was recommended by the psychologist we worked with.

Anything that can help a parent get a child with HD/HD through school is a must read. Sometimes if you only get one thing from the whole book - that one thing may have the most impact on how you cope.

I bought this book for my son. He is really struggling with the direction in his life, and really struggled in high school.

Good book

This book is, at best, an intro to ADHD. I bought it hoping that there would be some specific "how to study" tips for highschool and college students with AD/HD, but there is nothing of the sort. In fact, there is very little in this book that isn't found in other books written for children or adults. The chapter, "Legal rights of students with ADD" is useful and relevant, but that is 10 pages out of a 150. There are two other annoying things about this book. First, Quinn uses the term 'ADD', which has been scientifically obsolete since the 1980s. Second, Quinn's writing style is somewhat condescending. I would recommend that a person new to their diagnosis, or even somebody who is old hand, read "You Mean I'm not Lazy, Stupid, or Crazy?" as opposed to this book.

which, given its target audience, could be a good thing? Either way, I got \*very\* little new information out of this book... and I'm no expert... I've only spent a few hours looking ADD up online. If you need something to tell a student with ADD what ADD is like (as if they wouldn't know), and offer some overly obvious solutions... this is your book... or pamphlet.

This book helped identify gifted students with ADD who were not doing well in college. The checklist included was helpful for the student in his consultation with the physician who was treating his ADD. The physician liked the checklist so much that he asked to copy it for his files!

I've read much on ADHD, but if I were only reading one book, I would pick this book. Straight forward, well organized, empathetic, thorough, and realistic, this guide provides a road map to success. Additionally, the medication and legal issues sections will serve as handy and quick references. Quinn has provided the ADD student and parent with an outstanding guide book.

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